

Newsroom

European Masters Mountain Running Val Tramontina 2021. Organizing committee at work for weekend of 17-19 September

The organizing committee of the European mountain running, trail running and Nordic walking championships has been hard at work throughout the summer after postponing the event from May to September because of Covid-19. In Val Tramontina, in the Carnic pre-Alps of the Pordenone area, numerous checks are being carried out along the three race routes to ensure maximum safety, as stated by **Giampaolo Bidoli** (president of the organizing team): *“We are interested in fostering a combination of competitive spirit, performance and, at the same time, well-being and involvement for all participants, to discover unspoiled natural areas, traditional villages and the culture of hospitality in these hidden but rich areas for history and tradition.”*

The mountain race is a 9.5 kilometer run with an altitude difference of 450 meters. The fast, technical route covers the most beautiful points in the valley. The trail running race is 43.5 kilometers with 1800m of altitude difference and includes lakes, tunnels and pristine peaks. The newest event is the Nordic walking route, which goes along the bottom of the valley 10 kilometers over 8 laps. The three challenging outdoor events take athletes through breathtaking landscapes.

Along with competitive details, the organizing committee is also putting together programs to showcase the territory through local organizations from the municipalities of Tramonti di Sotto and Tramonti di Sopra and the regional Ecomuseum of the Friulian Dolomites *Lis Aganis*, other communities in the Pordenone area, as well as Promoturismo FVG and the region of Friuli Venezia Giulia. It is a collective commitment bringing together three important organizations: the Cemont Association, SMART Atletica San Martino 2.0 and ASD Polisportiva Valtramontina.

During site visits last spring, representatives of the European Masters Athletics (EMA) and Fidal technicians were satisfied with how work is progressing for this “Over 35” international sporting event featuring Val Tramontina as a continental capital of outdoor sports.

More information is available on the official website for the event: www.emmtrc-tramonti2021.org

EMMTRC Valtramontina 2021 - CEMonT Association